**Cosmetic Dentistry**

**INTRINSIC STAINS**

Stains beneath the tooth enamel are known as **intrinsic stains**. This type of staining is commonly caused by:
- Aging
- Defects within the tooth
- Use of certain antibiotics during tooth development
- Smoking

Also, your diet can affect the brightness of your smile. The following foods and beverages often cause tooth stains:
- Tobacco products
- Coffee
- Tea
- Red wine
- Colored juices
- Curry
- Soy
- Cola drinks
- Minerals in well water

**WHITENING OPTIONS**

If you are concerned about the color of your teeth, ask your dentist or hygienist about various options for tooth whitening, including:

<table>
<thead>
<tr>
<th>Before</th>
<th>After</th>
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</thead>
<tbody>
<tr>
<td><img src="image1" alt="Bleaching Before" /></td>
<td><img src="image2" alt="Bleaching After" /></td>
</tr>
<tr>
<td><img src="image3" alt="Bonding Before" /></td>
<td><img src="image4" alt="Bonding After" /></td>
</tr>
<tr>
<td><img src="image5" alt="Veneers Before" /></td>
<td><img src="image6" alt="Veneers After" /></td>
</tr>
<tr>
<td><img src="image7" alt="Inlays Before" /></td>
<td><img src="image8" alt="Inlays After" /></td>
</tr>
</tbody>
</table>

**CREST PROFESSIONAL WHITESTRIPS**

Whitening Technology that gives you noticeably whiter teeth

- Crest Whitestrips contain hydrogen peroxide, which gets at stains beneath the tooth surface
- Thin, clear, flexible strips adhere directly to teeth
- Just 30 minutes, twice a day for 3 weeks

**CREST PROFESSIONAL WHITESTRIPS Diagram**

- Hydrogen peroxide travels from strip surface to whiten intrinsic stains
- Color improvement over 21 days’ use

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*Brought to you by Crest*